



## Message from the Headmistress

*Assessments are an integral part of the teaching learning process. They help the students, teachers and parents to assess the understanding of concepts taught in a particular level and gives the confidence to go to the next level. They help students to focus on academics and teach the most valuable skill of their lifetime - Time Management. Students must prepare well for their assessments because even though there will innumerable tests throughout their student life, this particular one will not come again. They can write it only once in one attempt!*

*The SQ3R Reading Method is a way to read academic material such as textbooks that can increase your comprehension of what you are reading and improve your ability to recall it. With the SQ3R method, your active involvement in the reading process is required – in fact, it is demanded! The SQ3R method can make that studying less difficult and perhaps, even a little more interesting.*

### *Steps in the SQ3R Method*

*The title for this new higher-level study skill is abbreviated to make it easier to remember and to make reference to it simpler. The acronym SQ3R stands for the steps that the student follows in using the method: Survey, Question, Read, Recite, Review.*

#### *1. Survey:*

*Skim the following: the title of the chapter, the introduction, the table of contents and any illustrations, charts or graphs and the summary paragraph. Note any unknown vocabulary and find a definition. Most importantly, skim the section headings and the first sentences of each paragraph to find the main points that will be developed. This orientation should not take more than a few minutes (make a conscious effort to look only at the headings, etc.) but will help you to organize the ideas as you read them later.*

#### *2. Question:*

*Turn the first heading, or the first sentence of the first paragraph, into a question. This will arouse your curiosity and so increase your active involvement and comprehension, and the question will make important points stand out while explanatory detail is recognized as such.*

### 3. Read:

*Read to answer that question, i.e., to the end of the first headed section. This is not a passive plodding along each line, but an active search for the answer. Underline only key words--never whole paragraphs. Use a dictionary if necessary to look up unfamiliar vocabulary. The reader should definitely have in mind what he wants to learn.*

### 4. Recite:

*Having read the first section, look away from the book and try briefly to recite in your own words the answer to your question (aloud, if possible). If you can do this you know what is in the section; if you can't, skim the section again and repeat the exercise of reciting. An excellent way to do this reciting from memory is to jot down cue phrases in outline form on a sheet of paper. Make these notes very brief! Now repeat steps 2, 3, and 4 on each subsequent headed section. That is, turn the next heading into a question, read to answer that question, recite the answer and check your accuracy. Read in this way until the entire chapter is completed, taking very brief breaks between sections as needed.*

### 5. Review:

*When the chapter or selection has thus been completely read, look over your notes to get a bird's-eye view of the points and their relationship to one another. Check your memory by reciting the major points under each heading and the sub points under each major point. You can do this by covering up the notes and trying to recall the information. Review daily during the period of time before your exam.*

*These five steps of the SQ3R Method, if applied and practiced, should result in an increase in reading comprehension, an improved ability to identify important points and better retention of the material. You should also discover one other worthwhile outcome which will make you happy, the test questions will seem familiar, because the headings you turned into questions are usually the points your teachers will emphasize on exams!*

*Children love to understand the world around them outside the confines of the classrooms. Field trips are ideal for providing such exposure to them. The students of class III to VI were taken to the Bangalore Museum where they saw historical objects from all over Karnataka. The experience was equally informative for the teachers as well as the students.*





*Martial Arts instills calmness and discipline of the mind and body. The students of class I - VI have crossed a milestone in the martial art form Taekwondo. They have successfully passed the grilling examination to graduate from one belt to another. It is awe inspiring to watch them practice the different techniques of attack and self defence with such grace and control.*

*Our students look forward to the Hobby classes where they enjoy pursuing the activity of their interest. The Theatre workshop classes culminate in stupendous performances at the end of each semester. Some students have mastered the skill of playing with the four operations of mathematics through Abacus and Vedic Maths. The Yoga and Aerobics classes have made some of them so flexible and agile.*



*A healthy mind lives in a healthy body and prevention is always better than cure. In keeping with this view, the students of class Nursery - VI were briefed about the lurking threat of the H1N1 virus in the country. The precautionary measures were explained in detail. The right method of washing hands was demonstrated in each class. The students promised to abide by them to keep themselves healthy.*



*Our students had participated in the National Painting Competition organised by the Central Power Research Institute as an initiative to spread the awareness of conservation of energy. They are proud to have received certificates from the Director General of the Bureau of Energy Efficiency under the Ministry of Power, Govt of India. Students of class I - VI participated in the All India General Knowledge exam conducted by the Centre for Human Resource Development, Karnataka. 50 students have been placed in the merit, first class and proficiency category. Our students have fared extremely well in the Spell Bee exam and have qualified for the next round that is the National level.*



*I wish all the students all the very best for the upcoming Formative and Summative Assessments. I'm sure they will go to the next level with flying colours!*

***Kindly follow us on the SCHOOL OF INDIA page on FACEBOOK.***

***Regards***

***Shyamashree Chatterjee***