



February 2016



There are no secrets to success.

It is the result of preparation, hard work and learning from failure.

General Colin Powell

HIGHLIGHTS OF THE MONTH

- *Scouts and Guides Badge Giving Ceremony*
- *Cancer Rally*
- *Science Day*

Dear Parents

We are almost at the end of the session with the Summative Assessments round the corner. The teachers and the students are preparing hard for the exams. I request you to support your child in all possible ways to make this phase as stress free as possible. Spend some extra time with them asking them about their progress and comforting them in their stress. We are always there for them to motivate them and cheer them on their path to success.

Here are some tips for students to overcome the challenge of exams:

- *Fix a study schedule, make a time table and adhere to it.*
- *Break large chunks of study material into smaller bits. It will help you to memorise easily.*
- *Take short breaks in between long hours of study.*
- *Reduce your gadget time. You will be able to concentrate better.*
- *Eat nutritious food and drink milk. Have your meals at the right time.*
- *Ensure that you get proper sleep for at least seven to eight hours.*
- *Do not cram just before the exam. Instead revise what you have already learnt.*
- *Talk to your parents and teachers in case you are getting over anxious about exams.*

Examinations are a part of life. You should prepare for them. Preparation will reflect in the performance. So, tighten your schedules and get going with your studies. On behalf of the Management and the entire staff of School Of India, I wish all our students all the very best for the forthcoming exams!

Students of School Of India went on a peace rally to commemorate the World Cancer Day. They marched from the school to the Bannerghatta circle with placards and posters. The students performed a Kannada and an English skit emphasising on the theme 'Prevention is better than Cure'. After the flag was hoisted, the Scouts and Guides sang their prayer song. The students promised to abide by the laws of the Scouts and Guides during the oath taking ceremony.



As part of the ISA Core Skill Development activity, MsPriyamvada, a certified nutritionist came to School Of India to speak to the students about the importance of proper nutrition in the lives of students. The students had a lot of queries regarding the kind of food they liked to eat and what their parents wanted them to eat. It was an interesting session.



The students of classes IV to VII put up brilliant show of working models for the whole school as part of the National Science Day celebration. The little ones of classes I, II and III were thrilled to see the models in action. It was very heartening to note that the students had understood the concepts very well.



School Of India participated in the Microsoft – Create to Inspire programme wherein we were supposed to complete nine projects during the session, most of them related to environmental sensitivity. We have successfully completed all the projects and have received a certificate for Environmental Excellence for the same.

The staff of School Of India were taken for an outing by the Management to Innovative Film city where we enjoyed ourselves thoroughly. It was a good break before the exam season.



Wish all the students best of luck once again for the exams!

Warm Regards

*Shyamashree Chatterjee
Headmistress
School Of India*