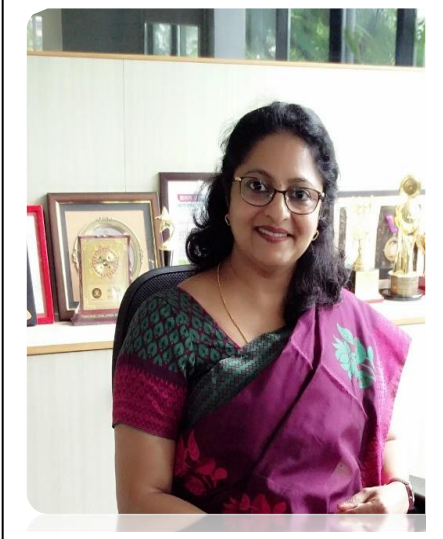




February 2019



“Your mind is precious. It has the power to unlock infinite possibilities.”

- Joel Annesley.

Dear Parents and Well Wishers,

Greetings!

“In the province of the mind, what one believes to be true either is true or becomes true.” - John Lily

Our beliefs make us the person we are. And this in turn relates to the self-confidence one has. Beliefs that are limiting come in the way of developing self-confidence and in turn affect the progress of an individual.

The Victor

‘If you think you are beaten, you are.
If you think you dare not, you don't.
If you like to win but think you can't,
It's almost a cinch you won't.

If you think you'll lose, you're lost.
For out in the world we find
Success begins with a fellow's will.
It's all in the state of mind.

If you think you are out classed, you are.
You've got to think high to rise.
You've got to be sure of your-self before
You can ever win the prize.

Life's battles don't always go
To the stronger or faster man.
But sooner or later, the man who wins
Is the man who thinks he can.'

-C.W. Longenecker

There are various ways in which one can work on gaining self-confidence. One important factor is developing one's Self- esteem. Self-esteem is the opinion one has about themselves. The higher the self-esteem, the better one's performance at work which in turn translates to the confidence level of the individual. So, when things or situations seem difficult, hold on to the positive beliefs and trust that you have the POWER within you to overcome the challenges.

HIGHLIGHTS OF THE MONTH

Interhouse Competition



National Science Day Celebration



Pre-Primary National Integration Celebration



With Warm Regards
Principal
School Of India